



One coach, one child, one hour a week



SCHOOL PROSPECTUS

The Need

TLG Early Intervention supports children and young people across the UK who are struggling to cope in school. The effects of bullying, bereavement, family breakdown, poverty, mental health issues or wider health issues can have a huge impact on a child's life and education. All over the UK, Early Intervention coaches are providing weekly 1:1 safe spaces for children to be heard and supported.

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I was finding school tough with Mum and Dad splitting up. My coach was kind and caring and understanding. Thank you for helping me find ways to stop worrying.

– Sophie, age 8

“

Coaching gives me time to talk. I like my coach because she is nice, she listens to me and talks honestly. We chat about what's right and wrong and what respect is.

– Jessie, age 13

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Over the past few years we have seen a rise in mental health issues across the UK. The impact of Covid-19 has been significant in adding to this issue for children and young people.

Research has shown us that emotional distress in a child or young person affects not only their immediate state of wellbeing (behaviour, ability to learn, social and emotional development), but also their long-term prosperity.

At TLG, we are passionate about supporting struggling children and families. We believe that every child should have hope for their future.

Through partnerships with local churches, we train and resource teams of volunteers to deliver our Early Intervention Programme in local primary and secondary schools (KS2 and KS3).

Five children in a classroom of thirty

are likely to have a mental health problem. This has increased by 50% in the past three years.

– Children's Society
The Good Childhood Report

1 in 10 children

in the UK feel unable to cope with the school day.

– Association for Young People's Health

Almost two-thirds

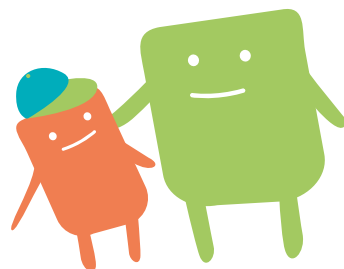
of children aged 10-11 say they worry 'all the time'.

– BBC



Our Early Intervention Coaches provide a practical solution to meet this need.

Each week, the coach meets with their coached child for one hour in school. Coaches are trained and equipped with targeted resources to help children become aware of their felt anxieties, behaviours and responses.



Our specialist training equips each coach to become a trusted support to the child and their family. Every coach is safely recruited and highly committed to their weekly coaching session. Each child's coach will be a champion for them and support them through issues they may be facing.

The coaching space is designed to be fun, engaging and safe, with resources written by our excellent team of educationalists. Underpinning all of our sessions, is the relational attachment theory-based approach P.A.C.E. developed by Dan Hughes: a leader in attachment based therapy for children and families that have experienced all kinds of trauma. Therefore, Playfulness, Acceptance, Curiosity and Empathy are a focus in every coaching relationship.



The coaching resources have been written for TLG by primary and secondary school teachers, with input from health professionals and family support workers. TLG provides new resources and training for our volunteer coaches every school term.

TLG Early Intervention: The Impact

For over 20 years Transforming Lives for Good (TLG) has been working with vulnerable children and young people who are struggling in school.

“

There are families across the UK who would benefit so much from a little help. TLG Early Intervention is about taking time with children who are struggling to engage with some aspect of school life. Our programme is about coaching and nurturing these children and bringing encouragement to their families by keeping parents involved in the process. In every community that has a church and a school then this is a programme that can make a difference.

– Tim Morfin
TLG Founder and Chief Executive

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“

This is possibly the only hour this boy is actively listened to on a one-to-one basis.

– Deputy Head, Manchester

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“

I see a lightness in the pupils being coached that wasn't there before.

– Head Teacher, Clayton

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“

Working alongside these fantastic coaches it is a fundamental element in assisting our children in gaining confidence, self-esteem and self-respect. Watching relationships and bonds that are formed is a credit to the individual coaches and TLG.

– Primary School Pastoral Lead

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“

We absolutely jumped at the chance for Jon to receive some one to one support. It was great timing, as only two days before we'd talked about having to pay for some kind of anger management classes for him. Now we're being offered it through school – and for free! It has been a lifeline.

– Mark, parent in Birmingham

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TLG Early Intervention: The Wider Community

In every town and city across the UK, there are church communities full of ordinary people ready to make an extraordinary difference. Our volunteers bring an enthusiasm and dedication to the coaching role, along with a deep empathy for the children and families they work alongside.

The church's commitment to you is outlined in a School and Church Agreement:

Provide a group of committed and skilled volunteers who have been trained at official TLG training days

- Appoint a volunteer to coordinate the team of coaches and regularly liaise with the School Key Contact
- Support the parent/carer of the coached child and signpost them to wider support networks through local church and community projects
- Raise funds for their ongoing partnership with TLG in order to establish a quality volunteer support programme that is of clear benefit to coach, child, school and family
- Ensure all coaches regularly attend current safeguarding training and work with the SKC to enable DBS checks to be completed by the school for each volunteer



TLG Early Intervention: The Practical Set-Up in School:

- Appoint a member of staff as the main contact for Early Intervention at your school. Often, this will be a SENCO, Learning Mentor, Family Liaison Worker etc
- The School Key Contact (SKC) will identify children and families who would benefit from a coaching relationship. A letter will be sent home explaining Early Intervention coaching, with a permission slip to be returned to school. (TLG provides schools with letter templates to edit and send home)
- The SKC will work with the Coordinator of the Early Intervention team to ensure that children and coaches are well matched
- The Coordinator and SKC will establish a regular time for coaching sessions to take place each week and identify a suitable space to be used
- The SKC will connect the child's teacher and parent/carer with the coach for initial meetings before coaching starts
- The SKC will ensure all coaches have an up-to-date school DBS and have read the school's Safeguarding Policy, Behaviour Policy and Health and Safety policy with any relevant Risk Assessments



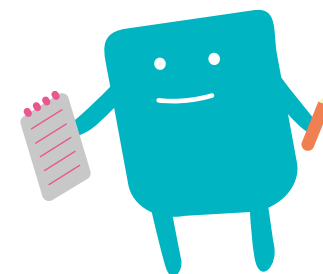
Strengths and Difficulties Questionnaires.

All coaches are equipped to effectively evaluate the individual needs and strengths of each child they coach and measure the progress they make during the year.

We use Strengths and Difficulties Questionnaires (SDQs) with teachers and parents before coaching begins to measure the emotional well-being of each child/young person at the start of coaching. We use our 'My Week' activity in the first week to hear the child's perspective too.

The results of these are available for schools to see and help each coach tailor the content of the coaching session to the individual child. They are then repeated at the end of the year to highlight the progress made during the year.

Coaches use a secure online system to record and track progress. The SKC and Coordinator are able to log in and read the coach's notes that are kept after each session.



TLG Early Intervention: Ongoing commitments from the coach team

✓ Each coach will keep in regular contact with their coached child's teacher with short updates via email. The coach will also keep in regular contact with parents/carers and may share strategies being used to support the pupil in the sessions, which may be helpful at home too.

✓ All coach teams receive termly training and support from a TLG Church Relationships Lead. This brings a continued focus to best practice in coaching, how to use new resources well, safeguarding key messages and team well-being.

✓ An Annual Review by your TLG Church Relationships Lead enables each school and their Early Intervention Coordinator to share the successes of the past year and look at how coaching support might be even better in the year ahead.



ALL THINGS TLG

TLG is a national children's charity that helps churches bring hope and a future to struggling children.

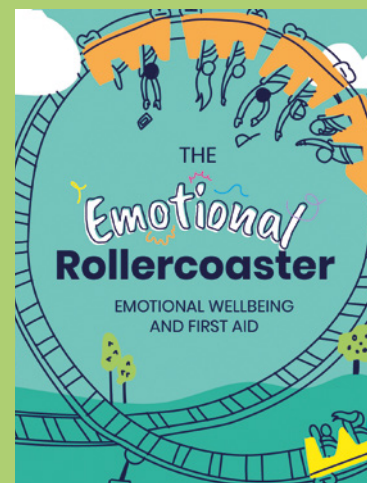
We're here because across the UK today, there are thousands of children who are struggling to cope. Poverty, family breakdown and trauma cast long shadows, and for too many the future feels hopeless. Every child deserves to feel loved, accepted and supported and we've helped thousands of children to overcome the struggles they face.



TLG make
lunch

TLG Make Lunch clubs provide free, hot and healthy meals to families who would otherwise go hungry during the school holidays.

tlg.org.uk/makelunch



TLG Emotional
Rollercoaster

A comprehensive resource and interactive webinar to help you support children struggling with their emotions.

This training and resource is for staff members and volunteers who work one-on-one or with groups of children that have emotional or relational challenges.

tlg.org.uk/rollercoaster

For more information on other training and resources available for schools, check out our website tlg.org.uk



www.tlg.org.uk

t. 01274 900 373 e. info@tlg.org.uk



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