



T L G transforming
lives for good

Coaching Network

PROSPECTUS FOR CHURCHES



Children, Church, and the Changing Landscape of Faith Engagement

At TLG, we have dedicated over 25 years to supporting churches in their efforts to assist children who are struggling. Our extensive experience has shown us that while the fundamental needs of belonging, safety, and hope remain unchanged, the nature and severity of the challenges faced by children have evolved significantly.

Today's children contend with a complex array of pressures, including family disruptions, social isolation, and mental health issues.

According to the National Survey of Children's Health, 7% of children aged 3-17 have an anxiety disorder, and mental health problems considerably reduce church attendance, with children experiencing depression being 72.7% more likely to miss church services.

Additionally, churches are increasingly encountering children with neurodiverse needs, which are estimated to affect 1 in 7 children across the UK, necessitating more inclusive and adaptive support systems.

The digital landscape further complicates matters. While social media can facilitate connections, excessive use is linked to alterations in brain development, particularly in areas associated with emotional regulation and learning.

Alongside this, within the church, there is a growing shortage of trained children's and youth leaders who possess the therapeutic expertise to support young people effectively, leaving many church leaders feeling ill-equipped to address trauma and mental health issues. Consequently, those serving may become disheartened by ongoing challenges, emphasizing the need for support that builds resilience and sustains long-term ministry.

Despite these obstacles, there are encouraging signs. The Bible Society's Quiet Revival report indicates a 50% increase in church attendance across England and Wales over the past six years, primarily driven by young adults aged 18-24. This represents an exciting opportunity as a new generation engages with the church.

At TLG, we are committed to exploring how we can collaborate more effectively with churches to keep the younger generation actively involved in church life, while also equipping leaders with the necessary therapeutic skills, insights, and confidence to support children and young people facing significant challenges within their churches and communities.



INTRODUCING

Coaching Academy & Network

This first-of-its-kind coaching community equips children, family and youth ministry leaders and their teams to work therapeutically with young people both in and outside of the church, drawing on transformative coaching practices shaped by over 25 years of TLG's experience.

As an award-winning national children's charity, TLG has over 25 years of experience working in partnership with churches & children; enabling the church to respond to the growing needs that children and young people are facing.

Bringing our years of expertise of coaching thousands of children in UK schools, TLG is now opening the opportunity for ministry leaders and teams to gain an accredited coaching qualification that will provide a unique learning opportunity and ongoing support network.

TLG's Coaching Network offers the opportunity to be equipped and developed to help shape vibrant, missional church cultures, supporting children who may otherwise disengage from church or not find it as accessible. Particularly young people who are facing trauma, adversity, or challenging life experiences.

The vision of TLG's Coaching Network is to equip the church to raise up a new generation of emotionally and spiritually resilient young people, empowered to lead with wholeness and purpose. At the same time, it offers ministry leaders and team members a rare and standout opportunity for professional development through an accredited programme - something not always available in church-based roles.

This initiative not only strengthens leaders in their pastoral mission but also equips them to engage more confidently and professionally with children and young people, building credibility in your setting within church and your wider community, all while remaining deeply rooted in the heartbeat of the local churches mission.

"The TLG Coaching Academy is a brilliant blend of professional training, with plenty of light-heartedness along the way. I am excited and confident that becoming an accredited coach will give me the skills to be even more effective in enabling children and young people to flourish and find their flow in life."

- Tim 2025 Pilot Cohort



What we offer:

A one-year accredited coaching programme delivered by certified coaches designed to develop coaching skills in children, family and youth ministry leaders and their teams, with the option to pursue full accreditation through additional coaching hours and assessment.

The programme offers an integrative approach to coaching both children and adults, combining some of the most transformative coaching models with evidence-based approaches to child psychological development to equip ministry leaders to work therapeutically and relationally with young people.

Modules will help ministry leaders to respond more effectively to the emotional, relational and mental health struggles of young people and build an understanding for ministry leaders who are supporting children facing trauma, adversity or exclusion.

The Coaching Academy is not just about training; it's about embedding therapeutic coaching into the fabric of church life, creating environments where children feel safe to explore their experiences, barriers are reduced to engagement and a generation of emotionally and spiritually resilient young people are equipped to lead with wholeness and purpose.

How will the Coaching Academy work?

- Completed within a 12-month period.
- 2 full in-person training days (at the start and end of the programme).
- 5 remote online sessions.
- A rich networking opportunity with a cohort of up to 30 other children and youth ministry leads all training as therapeutic coaches.
- Support to work towards becoming an accredited coach, recognised by an accredited body.

Modules will draw on some of the very best coaching practices, covering:

- Core coaching skills: active listening, powerful questions, challenging & reframing, building rapport and maintaining presence.
- How to create effective thinking environments for children and young people.
- Exploration of values and limiting beliefs in children and young people & how faith can make a difference.
- Narrative theory: how children make sense of their lives through narratives & how these shape their identity, behaviours and decisions.



- Systemic coaching: enabling children and young people to explore the systems and relationships that they are interconnected with & the impact they have.
- Future Pacing: using future-focused coaching techniques to help children set meaningful goals and build confidence in their journey and faith.
- Additional child centred training: exploring trauma, adverse childhood experiences & PACE (a trauma-informed approach).

Access to UK-wide Coaching Network

By joining the TLG Coaching Network, you will become part of a vibrant community of children and youth workers from churches across the UK. Together, the network can amplify a restorative movement – one that listens deeply to the stories of children, nurtures their emotional and spiritual resilience, and equips church communities to be safe spaces where every child is seen, valued, and journeying towards wholeness.

This network offers valuable opportunities for collaboration, shared experiences, and learning. A monthly subscription fee set up through your local church will ensure that we can continue to offer you access to a range of support, whilst partnering with you to track the impact you are making:

- Monthly group reflective care sessions to explore together with other ministry leaders the ongoing challenges faced working with young people, enabling a safe space to explore best practice and support ministry effectiveness over the long-term.
- Support to achieve full coaching accreditation.
- Opportunities to network with other ministry leaders and develop peer groups or coaching triads.
- Access to a digital suite of TLG resources to support 1:1 work with children and young people in your setting.
- Secure database to record coaching notes and better enable reflective practice.
- Ongoing webinars & training to continue your development as a therapeutic coach in a local church ministry setting.
- Opportunities to request bespoke training and support on topics relevant in your context.



Next steps

To learn more and express your interest in joining the Coaching Academy programme, please get in touch with us at Coachingnetwork@tlg.org.uk. We'd love to hear from you!

A **limited number of places** are available in the 2026 cohorts which will be running from May 2026:

Cohort 1 – London	
Session 1	14 May 2026 (In person – London)
Session 2	10 June 2026 (Online)
Session 3	14 July 2026 (Online)
Session 4	23 September (Online)
Session 5	11 November (Online)
Session 6	13 January 2027 (Online)
Session 7	10 February 2027 (In person – London)

Cohort 2 – Edinburgh / Bradford	
Session 1	16 September 2026 (In person – Edinburgh) or 24 September 2026 (In person – Bradford)
Session 2	7 October 2026 (Online)
Session 3	19 November 2026 (Online)
Session 4	9 December 2026 (Online)
Session 5	20 January 2027 (Online)
Session 6	3 March 2027 (Online)
Session 7	5 May 2027 (In person – Edinburgh) or 12 May 2027 (In person – Bradford)



Next steps (contd.)

The Coaching Academy programme is available as a standalone course at the full price of £2,495 per person. This reflects the comprehensive training and resources provided to equip individuals for impactful community engagement. Once all requirements for accreditation have been achieved there is a small additional cost for annual membership with the Universal Coaching Alliance of £55, and a one-off fee to process accreditation of £250.

Access to the additional benefits of the Coaching Network, is available for a monthly subscription of £35 which provides monthly group reflective care, full access to all TLG resources and webinars, plus the benefits of being part of an ongoing learning community of other ministry leaders across the UK church.

TLG's monthly reflective care will be facilitated by trained professionals supporting the emotional and relational wellbeing of ministry leaders, providing space to process experiences, build resilience and reduce burnout in significant team leadership roles.

For 2026 we are offering a discounted rate of £1,795 for those who commit to joining the TLG Coaching Network for a minimum of two years. By taking this opportunity, you are effectively receiving your network subscription free for 20 months.

Join us as we pursue lasting transformation for the next generation, through the local church, in every community.