

# You will need...

Colour pens or pencils

**Scissors** 

Glue or sticky tape

Extra paper

A ball of string

Taking time to colour and make can be brilliant mindful activities. When we are creatively distracted from the hum drum of the day, we can begin to feel the stresses reduce. What better way to achieve this, than making your home a little more Christmassy:)

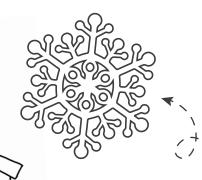
## Paper Christmas Tree Garland

This simple yet effective design will help you make the longest garland of trees you could ever want.

Here are some ideas for you to cut, colour and stick your way to your very own festive wonderland.

# **Paper Nativity**

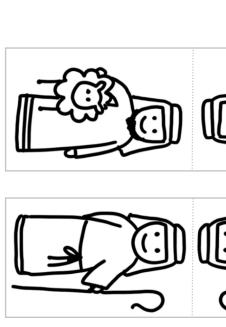
Well it wouldn't be Christmas without the reason for the season! Here's a nativity scene to make a place on a windowsill or shelf.



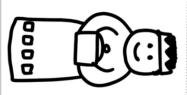
### **Paper Snowflakes**

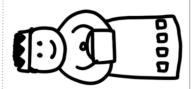
Create one for a feature or make a whole blizzard - you can ensure you have a white Christmas in your house this year.



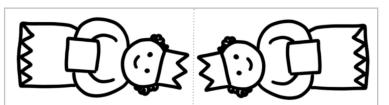




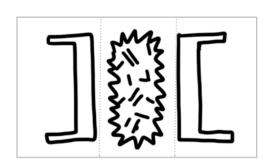




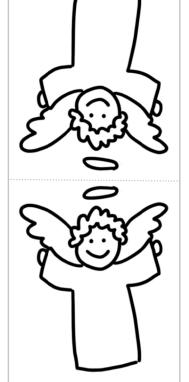


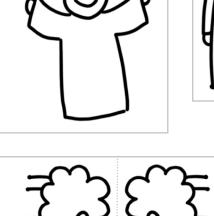


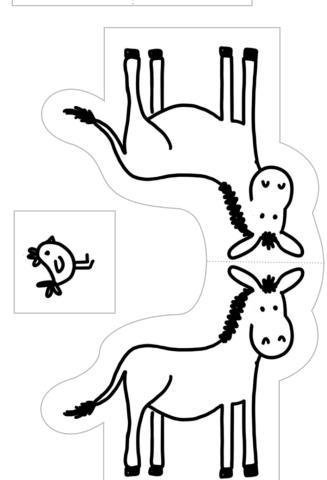




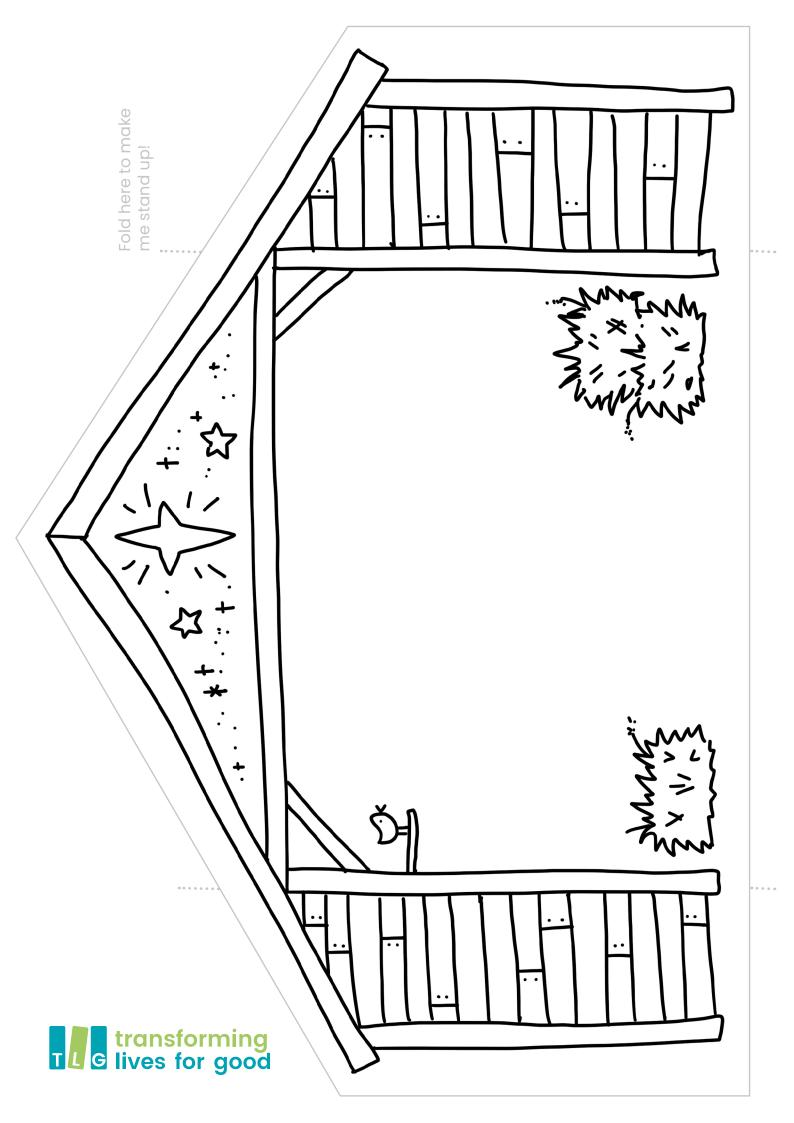
















### Make a snowflake!

Cut out the square below

Fold in half diagonally to make a big triangle

Fold in half again to make a smaller triangle

Fold back the two blank thirds of your triangle behind the grey patterned segment

Cut away the grey shaded area (but not down the fold) Unfold to reveal your beautiful snowflake!



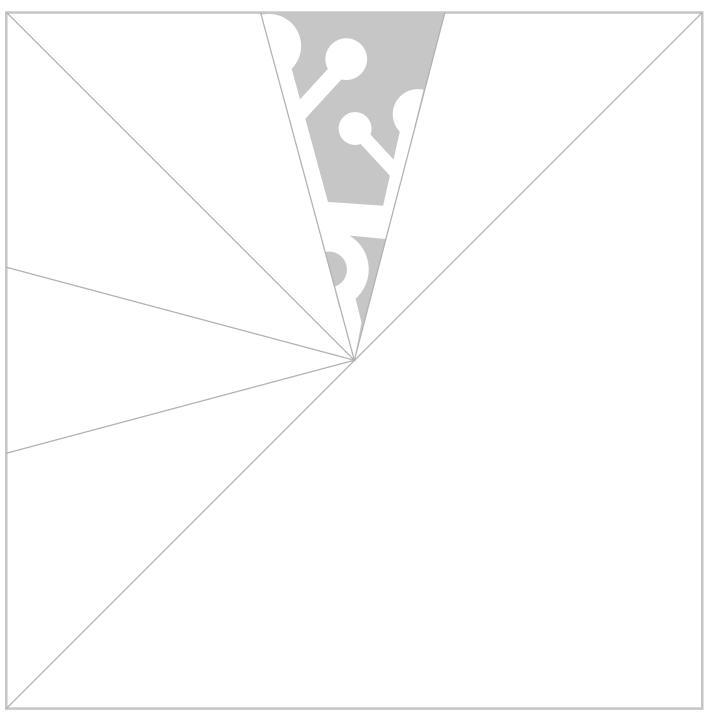
















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## **Paper Christmas Tree Garland**

transforming lives for good

Using some paper or card for the trees and a stretch of string as long as you'd like, cut out the template so that you can draw around it onto the card or paper you have. Make enough for your length of string. You can have them a few centimetres or 5 inches apart along your garland.....you decide.

When you have your tree shapes cut out – colour or decorate them. You could have block colours or draw and colour patterns on them.

Let the adult in the house make the holes in the top of the tree, using scissors or a hole punch in you have one.

Then thread the string through the holes made in the top part of the tree, it can be helpful to put a knot in after each tree so that they stay in place on the string. (or you can use a bit of sticky tape).

Then hang them up.

'O Christmas tree O Christmas tree, how lovely are your branches.'

This simple yet effective design will help you make the longest garland of trees you could ever want.

